



Mr Christopher Martey MSc, MCSP

Advanced Musculoskeletal First Contact Physiotherapist with Special Interest in Rheumatology

Sirona Care & Health, Bristol North Somerset & South Gloucestershire

Mr Christopher Martey (BSc (Hon), MSc, MCSP)

Chris graduated from the University of East Anglia's pre-registration Physiotherapy Masters cohort after completing an undergraduate degree in Sport and Exercise Science. He undertook his junior NHS Physiotherapy rotations in Buckinghamshire Healthcare Trust and in Bath at the Royal United Hospital. He later took up a Senior Physiotherapist post in a specialist tertiary care Rheumatology setting at the Royal National Hospital for Rheumatic Diseases, Bath. Here, Chris honed his skills and found his love of Rheumatology. He worked with inpatient and outpatient Rheumatology patients and was a lead on their prestigious Axial Spondyloarthritis 2-week residential programme, working alongside the multi-disciplinary team.

Chris now works as an Advanced Musculoskeletal First Contact Physiotherapist (FCP) in primary care in the South West of England and has a passion for health advocacy, leadership and policy. He sits on the Board of Trustees for the Arthritis and Musculoskeletal Alliance (ARMA, <http://arma.uk.net/>), which is an umbrella body bringing together patient organisations and professional bodies representing the breadth of musculoskeletal health.

Chris has maintained a specialist interest in Rheumatology, particularly Spondyloarthritis, and has presented nationally on this topic as well as published in this field. Chris has been an elected Executive Committee member on the British Society for Spondyloarthritis (BRITSpA, <https://britspa.co.uk/>) since 2019; a charity of healthcare professionals dedicated to advancing knowledge and treatment of Spondyloarthritis, and his research interests lie within the non-pharmacological management of Rheumatic and Musculoskeletal Diseases (RMDs). Chris is keen to advance and contribute to research priorities within RMDs and he is an active member on Versus Arthritis' Adult Inflammatory Arthritis Research Advisory Group (<https://www.versusarthritis.org/research/information-for-researchers/our-approach-to-research/research-advisory-groups/>).